**ARHS 2025 SEED EXCHANGE**

# (THIS FORM MUST BE USED)

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**\_\_\_\_ *CW Packets @ $3.00* = $ \_\_\_\_\_\_\_**

**\_\_\_\_ HP Packets @ $2.50 = $ \_\_\_\_\_\_\_**

**\_\_\_\_** OPPackets @ $2.00 **= $ \_\_\_\_\_\_\_**

**Postage & Envelope = $4.00 AMOUNT ENCLOSED $ \_\_\_\_\_\_\_\_\_**

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| **147** |  | **179** |  | **List acceptable substitutes below** | | | | | |
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**Return form with payment as per instructions to:**

**Jamie Ellison 159 Pereau Rd.**

**Habitant, Nova Scotia B0P 1H0 CANADA**

**e-mail: jellison@xcountry.tv (for enquiries and electronic payments)**